



EASTERN NORTH CAROLINA

# HUMAN TRAFFICKING NOW

[www.encstophumantrafficking.org](http://www.encstophumantrafficking.org)

## Summary of Lessons

### **Lesson One: Introduction to Human Trafficking**

~ This lesson provides students with an overall understanding of slavery and what human trafficking is. They will learn about two types of trafficking, and where victims of each can be found. By the end of the lesson the audience will have a general idea of what human trafficking is.

Class activity: Walking True/False (Signs on CD, Questions in Powerpoint)

Video: Teenage victim at truck stop (6:29) (Found on CD)

### **Lesson Two: Profile of a Pimp**

~ Human Trafficking in NC: We discuss actual cases in NC where kids their age were trafficked.

~ The true definition of a pimp has become distorted by our media and culture. Throughout this lesson the students will discover not only the truth about who a pimp is, but also the lures and pressures this trafficker may use to groom them.

Class activity: Case studies, Jeopardy (requires internet)

Videos: "The making of a girl" <https://www.youtube.com/watch?v=ZvnRYte3PAk> (5:05) (Found on CD)

Jerome Elam: <https://www.youtube.com/watch?v=6V0cVq3lawM> (Optional, not included in the Power Point Presentation) (4:03) (Found on CD: Jerome Elam)

### **Lesson Three: The Influences in Our Culture** (Media, pornography, advertisements)

~ Human Trafficking is a business! Without demand there would be no need for supply. The over-sexualization of our culture (including the widespread use of pornography) fuels the desire for sex trafficking. It is vital for young people to realize how serious this issue is. Is pornography use a victimless crime? Is pornography related to sex trafficking?

~Media literacy is another important subject that is covered. In this lesson, the participants take a look at advertisements, and the main-stream thoughts that devalue people allowing the youth to realize how much influence the media has over them as individuals and our country.

Class Activity: Jeopardy Review

Videos: “#refusetoclick” <https://www.youtube.com/watch?v=flh8gnC6J1s> (1:59)

“What Teens Really Think About Porn”

[https://www.youtube.com/watch?v=xO\\_mW2LYXRo](https://www.youtube.com/watch?v=xO_mW2LYXRo) (3:59)

“We Need To Talk... About Porn” <https://www.youtube.com/watch?v=m1jlkLcmwqM> (2:25)

## **Lesson Four: Creating Healthy Relationships**

### **Gender roles/expectations**

~The way we interact with each other is vital, not only when discussing human trafficking, but in our everyday lives. This session covers relationships with one another and how to be a true friend. We live in a community; we should treat each other with respect and with value. By establishing this concept with the listeners, it will help rule out several possible vulnerabilities teens may have in regards to being trafficked.

~How do gender stereotypes in the media affect our relationships?

~ This session encourages youth to seek counseling or to speak to a trusted adult if needed.

Discussion of boundaries and consent.

Unrealistic expectations of women and the pressures of how “to be a man” are two of the topics that are discussed. Students will be challenged to define who they are and to not let society decide that for them.

~Videos:

Distortion of female beauty (~1min) (NOT ON CD)

“The mask we live in” Trailer

<http://therepresentationproject.org/film/the-mask-you-live-in/> (2:19)

(Some profanity) (NOT ON CD)

Always, Like a girl <https://www.youtube.com/watch?v=XjJQBjWYDTs> (3:18)

The Next Generation of Manhood: <https://www.youtube.com/watch?v=gAthumL75GQ> (2:08)

Tea and Consent: <https://www.youtube.com/watch?v=pZwvrxVavnQ> (2:49)

What Should You Do? (:26)

48 Phrases Almost All Men Hear That Actually Hurt Everyone (not in powerpoint)

<http://www.mtv.com/news/2693277/toxic-masculinity-huffington-post-video/>

A Call to MenTED TALK (not in powerpoint):

[https://www.ted.com/talks/tony\\_porter\\_a\\_call\\_to\\_men?language=en](https://www.ted.com/talks/tony_porter_a_call_to_men?language=en)

Colbie Caillat – “Try”(Not in powerpoint, on CD)

<https://www.youtube.com/watch?v=GXoZLPSw8U8>

Class activities (Require Internet): Am I a good partner quiz, Loveisrespect dating spectrum, Cool/not cool quiz, How would you help quiz

## Lesson Five: Student Empowerment-Making a Difference

### Putting it all together

#### Case Studies

#### How to reduce demand for sex and labor trafficking

~ The final session of this curriculum pushes the listeners to now become advocates in their every day lives and to fight against modern day slavery. With all of the information the students now have, it is time for them to decide how they can make a difference. We review what creates demand for sex trafficking and labor trafficking, and how they can help reduce demand.

We share ideas about how they can stop human trafficking by changing their personal actions, influencing their circle, influencing their community and changing the culture.

Class Activities: Jeopardy review (requires internet)

How many slaves work for you? (requires internet) <http://slaveryfootprint.org>

Case Studies (on CD)



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